

## Student(s) Interview Record

**Training Provider: 21<sup>st</sup> Century Personal Training School**

**Names of students interviewed: Princess Iman Magnusson Ahmed**

**External Quality Assurer name: Peter Davies**

Question	Comment
How were you introduced to the programme?	Through Instagram
When did you begin the programme/ qualification?	January 2026
How effective do you feel the qualification is being delivered to you?	Delivered with really good explanations, motivated and to be understood
How well did the tutor manage the class time	He was very clear and strict on timings in his lessons
How creative was the tutor in adapting the content of the class?	He gave good examples during his teaching, breaking it down easily to be understood
Did the tutor create a good working relationship with the class?	Yes. He addressed us by our first names, when giving feedback and he asked questions he adapted these for us to understand
How helpful do you find the feedback that your tutor gives to you?	The feedback was very helpful and the right type of feedback which made his teaching easy to understand
How well do you know of the methods in which you will be assessed?	All the assessment methods that have to be completed in the course, he made it very clear and what is required
When will your assessments take place?	1 <sup>st</sup> – 30 <sup>th</sup> June 2026
Was the tutor available outside of class time?	Yes
Were there sufficient resources made available to you to support your learning needs?	Yes
Was the syllabus explained to you at the start of the course?	Yes
Who would you contact if you had any concerns or issues regarding your course?	I would contact David
Did you feel that everyone was treated equally during the course?	Yes
Did the course achieve your expectations?	Yes, it was higher than I expected
Did you require any additional support to achieve your qualification?	Yes, I would like mentorship after completing the qualification
If so, how are your needs catered for?	There is an opportunity at the end of the

	course
Would you recommend this course to another person?	Yes
Overall, how would you rate your experience on this course?	8 out of 10, I have given this score as English is not my first language and sometimes it is hard to understand
On average, how many hours per week did you spend on self-study for this course	7 hours
Did you contribute constructively during class activities?	Yes, I feel that I am regularly involved
What changes would you recommend improving this course?	No
What did you like best about this course?	The practical
What didn't you like about this course?	There was too much to take in and understand on the first 'live' days of the course. More clarity on the way the course structure is set
How will this qualification help you in your future goals?	Yes. I want to improve the knowledge of health and fitness to the women in the area that I live, in Gothenburg
Any further, constructive comments	No

Thank you for taking the time to complete this questionnaire  
I agree that the answers to these questions may be shared with my tutor/assessor

**Students signature(s):**  
*Princess Iman Magnusson Ahmed*

**Internal Quality Assurer signature:**



**Peter Davies**

**Date: 28<sup>th</sup> February 2026**