

Student(s) Interview Record

Training Provider: 21st Century Personal Training School

Names of students interviewed: Malin Sjodahl

External Quality Assurer name: Peter Davies

Question	Comment
How were you introduced to the programme?	Through Instagram
When did you begin the programme/ qualification?	January 2026
How effective do you feel the qualification is being delivered to you?	I gained a lot of learning on the theory and practical with Scott and David
How well did the tutor manage the class time	The time was managed and controlled very well
How creative was the tutor in adapting the content of the class?	David was very creative with his teaching when we were learning the practical.
Did the tutor create a good working relationship with the class?	Yes. There was a very good relationship, by remembering our names during the class helped with the working relationship
How helpful do you find the feedback that your tutor gives to you?	The feedback was very helpful, although I would like to have had more positive feedback
How well do you know of the methods in which you will be assessed?	I understood what was required to complete the course
When will your assessments take place?	1 st – 30 th June 2026
Was the tutor available outside of class time?	Yes
Were there sufficient resources made available to you to support your learning needs?	Yes
Was the syllabus explained to you at the start of the course?	Yes, although I would like to have had more of an overall introduction to the course at the start. Maybe 10 minutes of introduction.
Who would you contact if you had any concerns or issues regarding your course?	I would contact David
Did you feel that everyone was treated equally during the course?	Yes
Did the course achieve your expectations?	Yes
Did you require any additional support to achieve your qualification?	No
If so, how are your needs catered for?	N/A

Would you recommend this course to another person?	Yes
Overall, how would you rate your experience on this course?	8.5 out of 10
On average, how many hours per week did you spend on self-study for this course	4 hours
Did you contribute constructively during class activities?	Yes
What changes would you recommend improving this course?	More of a course introduction at the start of the course
What did you like best about this course?	Engagement
What didn't you like about this course?	None
How will this qualification help you in your future goals?	Yes
Any further, constructive comments	No

Thank you for taking the time to complete this questionnaire
I agree that the answers to these questions may be shared with my tutor/assessor

Students signature(s):

Malin Sjodahl

Internal Quality Assurer signature:



Peter Davies

Date: 1st March 2026